

# STUDENT WELLNESS

## Student Health Service

The Student Health Service's goal is to promote and advance the health and wellbeing for all students. A physician-directed medical staff offers primary care services, urgent care, illness care, physical examinations, counseling, limited psychiatric care, allergy injections, immunizations, radiology, gynecological services, pharmacy, laboratory, sports medicine clinic, referral to specialists, and medical information and vaccinations related to travel to international destinations.

## Student Health Portal

Students now can make most appointments online through the Student Health Portal. The best way to access this portal is through the SHS website (<http://shs.wfu.edu>). This is a secure way to make appointments, view published labs, print off a copy of your immunization history on file, print receipts and securely communicate with our clinic. SHS's primary way to communicate with students will be through their student email account. We send out appointment reminders 24 hours before your appointment and send messages for you to log into the Student Health Portal to view secure messages from the clinic. Students are encouraged to make appointments to be seen at the clinic. If you choose to walk in without an appointment, you will be seen by one of our staff nurses. The nurse will evaluate you and try to get you in with a medical provider if necessary and if one is available. We cannot guarantee the availability of a medical provider if you choose to come to the clinic without an appointment.

## Medical Charges

Most services at SHS are covered by the Student Health Fee. In addition, there are discounted "fee-for-service" charges for medications, laboratory tests, observation care, procedures, and some supplies. Payment can be made by paying cash, check, Deacon One Card, Student Blue Insurance, or the charge can be transferred to the student's account in Office of Financial and Accounting Services. Each student is given a copy of the medical charges incurred on the date of service which can be used for insurance filing. Student Health Service does not participate nor do we file insurance claims on behalf of the patient.

## Radiology

New to Student Health. As a partnership with Wake Forest Baptist Medical Center, Student Health now offers on site X-rays. With this partnership Wake Forest Baptist will be able to bill your medical insurance for services. All billing will be handled by Wake Forest Baptist and the remaining portion after your insurance processes the claim will be your responsibility.

## Confidentiality

Student medical records are confidential. Medical records and information contained in the records may be shared with therapists and physicians who are involved in the student's care, and otherwise will not be released without the student's permission except as allowed by law. Students who wish to have their medical records or information released to other parties should complete a release of information form at the time of each office visit or service.

## Class Excuses

The responsibility for excusing students from class rests with the faculty. Consequently the Student Health Service does not issue "excuses"

for students. Students who are evaluated at the Health Service are encouraged to discuss their situations with their professors. A receipt documenting visits is available to students at checkout. Information concerning hospitalization and prolonged illnesses is sent, with the student's permission, to the appropriate Dean.

## Student Insurance Program

Health insurance is required as a condition of enrollment for all degree-seeking\* students at Wake Forest University. Students who demonstrate comparable coverage to WFU's health insurance plan and meet our criteria may waive the coverage provided by WFU. Information about the policy plan, process instructions and full information regarding eligibility can be found online (<http://sip.studentlife.wfu.edu/>).

## Inclement Weather

When the University is closed due to inclement weather, the Student Health Service may have limited staff and may be able to provide care only for injuries and urgent illnesses. Appointments may be rescheduled.

## Retention of Medical Records

Student medical records are retained for 10 years after the last treatment, after which time they are destroyed. Immunization records are kept longer.

\* Certain part-time students are not eligible.

## Student Health Information and Immunization Form

All new students are required to complete this form (<http://shs.wfu.edu/forms/>). It must be received by the Student Health Service before June 30 for new students entering fall semester or before January 1 for new students entering spring semester. This form (<http://shs.wfu.edu/forms/>) requires information in regard to documentation of immunizations required by the University and the State of North Carolina.

## Immunization Policy

**North Carolina State Law** (G.S. 130A-152) requires documentation of certain immunizations for students attending a North Carolina college or university. Wake Forest University adheres to the State Law, also requiring WFU students to provide documentation of immunizations. Students must submit certification of these immunizations **prior to registration**. Documentation should be on or attached to the *completed* "Health Information & Immunization form (<https://shs.wfu.edu/new-students/new-student-checklist/>)" *provided by the Student Health Service* in order to assure correct identification of the student. Acceptable documentation is a statement signed by the appropriate official(s) having custody of the records of immunization, such as a physician, county health department director. The State statute applies to all students except those registered in off-campus courses only, attending night or weekend classes, or taking a course load of four credit hours or less.

The American College Health Association recommendations and **North Carolina State law** require certification in accordance with the following.

### Required:

1. **Tetanus/Diphtheria/Pertussis**. Students must document **three doses** of a combined tetanus diphtheria vaccine (DTaP, Td, or Tdap) of which one must be a Tdap after May 2005.
2. **Rubeola (Measles)**. Students must document **two doses** of live virus measles vaccine given at least 30 days apart, on or after their first birthday unless

attend classes. Please note that some series require several months for completion.

- a. they were born prior to January 1, 1957 or
  - b. they have documentation of a titer indicating they are immune.
3. **Rubella (German measles)**. Students must document that they have had one dose of live virus vaccine on or after their first birthday unless
- a. they have documentation of a titer indicating they are immune, or
  - b. they will be 50 years old before they enroll. History of the disease is **not** acceptable.
4. **Mumps**. Students must document **two doses** of live virus mumps vaccine given at least 30 days apart, on or after their first birthday unless
- a. they were born before January 1, 1957 or
  - b. they have documentation of a titer indicating they are immune. History of the disease is **not** acceptable.
5. **Polio**. Students must document that they have had a total of three doses of trivalent polio vaccine if they are less than 18 years of age when they enroll. One of these doses must be after the age of four years.
6. **Hepatitis B**. Students are required to document three doses of Hepatitis B vaccine if born on or after July 1, 1994. The first and second doses must be at least 28 days apart. The third dose must be at least 56 days (or eight weeks) after the second dose and at least 16 weeks after the first dose; the third dose cannot be given any earlier than 24 weeks of age. Regardless of age Hepatitis B vaccine is recommended for all students.
7. **Tuberculosis test (PPD or TB blood test)**. Required within 6 months of the University registration date for
- a. students who may have been exposed to tuberculosis or have signs or symptoms of active tuberculosis disease or
  - b. students who have lived more than 30 days in a country other than those designated as low risk for tuberculosis by Centers for Disease Control (CDC). If the student's tuberculosis test is positive, chest x-ray results and record of treatment must be documented.
8. **Meningococcal**. CDC recommends routine vaccination with quadrivalent meningococcal conjugate vaccine at age 11 or 12 years, with a booster dose at age 16 years. For adolescents who receive their first dose at age 13-15 years, a one-time booster dose should be administered after age 16 years. Persons who receive their first dose at age 16 years do not need a booster dose.

**Recommended:**

1. **Varicella**. The two-dose series is recommended. Discuss with your health care provider.
2. **Human Papillomavirus Vaccine (HPV/Gardasil)**. A three-dose series.
3. **Pneumovax**. A vaccine which prevents illness from a strain of bacteria that can cause pneumonia and death. This vaccine is recommended for individuals 19 and older who have asthma or smoke. It is also recommended for those ages 2-64 with any of the following conditions: diabetes, sickle cell disease, lung disease, cochlear implants, CSF leaks, or conditions or medication which lower resistance to infection.
4. **Hepatitis A**. A two-dose series.

**Immunizations required under North Carolina law must be documented within 30 days following registration.** After that time, students with incomplete documentation of immunizations will not be permitted to