

# COUNSELING CENTER

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The University Counseling Center, located in 117 Reynolda Hall (Reynolda Campus), provides short-term counseling and consultation to currently enrolled Reynolda Campus students. All services are confidential, and no fees are charged to students.

The Center offers counseling for a variety of concerns including depression, anxiety, personal adjustment, disordered eating, managing stress, sexuality, and relationship issues.

The Center is open Monday-Friday from 8:30 a.m. to 5:00 p.m. whenever the University is operating. A crisis counselor is available by phone after-hours and on weekends 365 days a year by calling the University Counseling Center: 336-758-5273. For more information visit <https://counselingcenter.wfu.edu/>.