

HEALTH AND EXERCISE SCIENCE, MS

Degree Requirements

All students in the program are required to take the following courses:

Code	Title	Hours
HES 660	Epidemiology	3
HES 675	Advanced Exercise Physiology	3
HES 715	Experimental Design	3
HES 721	Data Analysis and Interpretation	3
HES 733	Health Psychology	3
HES 761	Cardiopulmonary Disease Management	3
HES 763	Advanced Biomechanics	3
HES 765	Graded Exercise Testing and Exercise Prescription	3
HES 783	Seminar in Health and Exercise Science	1
HES 784	Seminar in Health and Exercise Science	1
HES 791	Thesis Research I	1-9
HES 792	Thesis Research II	1-9
Total Hours		28-44

Students can typically expect to spend two years in this program. The first year is devoted to required coursework and the identification of a thesis topic. The research and data collection for the thesis are usually completed in the second year. The second year also allows an opportunity for elective coursework outside the department.

For additional degree requirements, see Requirements for Degrees (<https://bulletin.wfu.edu/graduate/requirements-degrees/>).