

COUNSELING (CNS)

CNS 334. Ethics in Health and Human Services. (3 h)

Investigation of the ethical parameters of health and human services work. Topics include least restrictive interventions, privacy, human dignity and compassionate service. NOHS standards will be studied.

CNS 335. Health and Human Services in a Diverse Society. (3 h)

Covers the range and characteristics of health and human services systems and organization, the populations served and their needs and the models for prevention, maintenance, intervention, rehabilitation and healthy functioning. (CD)

CNS 337. Skills in Human Services. (3 h)

Introduction to communication skills of listening, reflecting, questioning, and problem-solving. These skills will be examined and practiced using role play and simulations.

CNS 340. Professional Orientation to Health and Human Services. (3 h)

Provides an overview of health and human services including history, roles, organizational structures, ethics, standards, specializations, and credentialing. Public policy processes and contemporary issues are also considered.

CNS 342. Group Procedures. (3 h)

A conceptual exploration of the psychological dynamics and interpersonal communication of teams and systems including structure, leadership models, process and practice, stages of development, techniques, and ethical principles.

CNS 350. Wellness and Prevention. (3 h)

An investigation of holistic approaches to wellness and prevention; frameworks for increasing positive well-being through empirically supported, strength-based concepts.; levels of prevention across applied health and human services settings.

CNS 352. Addiction. (3 h)

An exploration of the causes of addiction and pathways to recovery. Medical aspects of addiction and the impact of addiction on the brain and body, theories and models of addiction and recovery, and diagnosis and treatment of persons with substance abuse and co-occurring disorders are considered.

CNS 353. College Student Development. (2 h)

A course of study for resident advisors that provides the skills and knowledge necessary to work successfully with college students in a residence environment. Includes student development theory, coping with behavior problems, crisis management, mediating conflict, and other issues.

CNS 364. Creative Arts in Counseling. (3 h)

Examines the history, theories, processes and techniques of using the creative arts in counseling with clients throughout the lifespan. Attention is given to the visual and performing arts such as drawing, imagery, photography, cartooning, cinema, movement, dance, literature, drama and music. Juniors and Seniors only.

CNS 396. Independent Study. (1-3 h)

Independent study with faculty guidance. May be repeated for up to 6 credit hours. By prearrangement.